

Date: 23 October 2020

COVID-19 MESSAGING: PSS Support for IP, SP and FET

Good day Principals, please provide parents with some tips on how to share positive news & acts of kindness when needed.

- Make a get-well card for a sick friend or relative
- Check in on sick and elderly neighbours- offer to pick up and deliver shopping, or other things they might need, while taking precautions to keep yourself safe
- Share positive news and acts of kindness with your community- posting on social media or sharing with school friends and family
- Post on social media or WhatsApp: How to learn a skill: like dance steps, a board game or anything creative.